

# CLUB MINA FITNESS CLASS RATES

CLUB  
MINA

	CLUB MINA MEMBERS	HOTEL GUEST	CORPORATES	NON MEMBERS
* METCON MELTDOWN , TA-BOO, ABS, TONE & SHAPE, POWER FULL ,	FREE	55	55	55
* BUM/TUM & BOXERCISE	FREE	55	55	55
* SUP FIT CLASS ADULTS	40	80	60	95
* KAYAK	40	60	60	65
* PERSONAL TRAINING RATES				
1 Session	265	265	370	370
10 Sessions	2350		3200	3200
20 Sessions	4000		5700	5700
* INBODY ASSESMENT	105	105	105	105
* DANCE OUT CLASS				
1 Session	50	50	65	65
8 Sessions (1 month)	420		420	420
16 Sessions (1 month)	800		800	800

For more information please contact  
Club Mina on +971 4 318 1420

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MINA SEYAH  
BEACH RESORT & MARINA

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