

# CLUB MINA



CLUB MINA TEAM BUILDING  
+ CORPORATE PACKAGES



# WELCOME

Our Club Mina Corporate Team Building packages offer teams a great way to promote inter-departmental relations, understanding each other's strengths & challenges as well as to align and synergize as a team!

## OBJECTIVES OF THE PROGRAM

- 1) Participants will demonstrate creativity and innovation as well as overcome a variety of challenging situations which might be reflected in their work environment.
- 2) Expose cross-functional teams to one another allowing them a chance to integrate and collaborate in a relaxed, fun atmosphere.
- 3) Awareness of diversity beyond race or gender and how multi-cultural teams build on strengths to improve performance.
- 4) Build a culture of enhanced communication, positivity, trust and teamwork.

# CORPORATE TEAM BUILDING OPTIONS

## POOL AND BEACH ACCESS FOR GROUPS

- Daily access fee will be based on group size and space available.
- Fee includes use of pool & beach facilities (excluding the gym, Le Méridien Family Kids Club and tennis courts)

## WATER SPORTS PACKAGES

### PACKAGE 1

#### FOUR ACTIVITIES

(Kayaking single & double, Banana boat, Donut ride, Tube ride),  
1 boat for the above activities

AED 1800 / hour (15 people maximum)

### PACKAGE 2

#### MOTORIZED ACTIVITIES

Banana boat, Donut, Tube ride, Water ski, Wakeboarding  
and Knee boarding if experienced. 1 boat for the above activities

AED 1800 / Hour (15 people maximum)

### PACKAGE 3

#### UNLIMITED WATER SPORTS

##### NON-MOTORIZED

Kayaking (single & double), Stand up paddle boarding (SUP),  
Pedaloes, Hobbie cat and Laser sailing if experienced

##### MOTORIZED WATER SPORTS

Banana boat, Donut, Tube ride, Water ski, Wakeboarding, and  
Knee boarding if experienced. 1 boat for the above activities

AED 4200 for 2 hrs (30-40 people maximum)

Additional boat at AED 1600 per hour

All prices are in UAE Dirhams and inclusive of 10% Service Charge,  
10% Dubai Municipality Fees and 5% VAT

## DRAGON BOATING

Dragon boating is a fun filled, adrenaline pumping, water sports activity. Teams compete in Dragon Boats, which are large canoe-like vessels fitted with a carved dragon's head and tail. Crews of up to 10 people sit in pairs and paddle to compete in multiple timed races over distances of around 250m. Each boat has a drummer beating time to keep the paddlers in unison, and a helms person in the stern to guide the boat.

- 1 boat (10 seater) AED 1600 per hour
- 2 boats (10 seater) AED 2650 per hour  
(Dragon boating maximum of 20 people per hour)

## VOLLEYBALL COURT RENTAL

- AED 800 per court per hour (20 pax maximum)
- Volleyball courts only available for booking after sunset
- Use of volleyball court only, no use of Pool or Beach
- Referee AED 270 (additional cost)

## TEAM BUILDING PACKAGES

Select either 3 or 5 of the team building activities below:

**PACKAGE 1** : 3 activities AED 130 per person

**PACKAGE 2** : 5 activities AED 180 per person

**PACKAGE 3** : 3 activities including pool & beach access  
AED 220 per person

**PACKAGE 4** : 5 activities including pool & beach access  
AED 270 per person

\* Team Building minimum of 10 people

# TEAM BUILDING ACTIVITIES

## ENERGETIC

### BEACH VOLLEYBALL

Have fun with our traditional version of Volleyball or create your own!

### RINGO

Groups will be split into 2 teams (min 2 to a max of 4 players per team). Teams will be given 2 to 4 rings which will be served simultaneously to the other team. The object of this game is to not drop the rings. This game is played similar to volleyball however with a twist!

### FOOTBALL / TOUCH RUGBY

Have fun with our accelerated version of football or touch rugby!

### 3 LEGGED RELAY

Teams will partner up and have their 1 leg tied to their partner's leg. Teams will race against each other through an obstacle course and the first team to cross the finish line wins!

### BALLOON RELAY

Teams will run with a balloon under each arm as well as between their legs. Each team member will have to complete the course and the first team to finish wins!

### BLINDFOLD RELAY

Groups will pair up in their allocated teams. One team member will be blindfolded and the other will have to guide their blindfolded team member through an obstacle course. Verbal communication will be allowed and the only way to assist their blindfolded team member will be the use of Clapping. Once they have been guided safely across the obstacle course, team members switch over and the other person will either be blindfolded or the guide.

# TEAM BUILDING ACTIVITIES

## TUG OF WAR

Groups will be split into 2 teams and will have to tug a rope to see which team is the strongest. The team that manages to pull their opponents over the finish line will be declared the winner!

## SKI RELAY

Teams will compete against one another in a fun Ski Relay through an obstacle course where they will be challenged in teamwork and coordination!

## BACK TO BACK RELAY

Participants would need to pair up into teams and compete in a mini obstacle course with a twist. This creates a fun yet challenging activity which requires teamwork and coordination.

## SPIDER WEB

Participants are trapped by a huge spider's web! They must work together to find, then utilise the safe passageway through the obstacles that stand before them! This physical task will require the team members to work closely and safely with one another, as they battle to complete the tricky challenge. Teams would need every member to cross the spider web safely. However, they all have to pass through one hole in the web! This is a time-based activity and the team to complete in the least amount of time wins!

## LINKING RELAY

Participants will be grouped into teams and would need to compete against each other in a high packed energy driven activity. Teams would have to complete a mini obstacle course, run and link arms with another team member creating a train effect. Once all the team members have linked arms and completed the obstacle course, the first team to finish will be declared the winner.

## **BOOT CAMP**

30 minutes with various challenging exercises, military style!

## **CENTIPEDE RACE**

Teams will compete in a race using newspapers. Each team must make a circle with the newspaper to fit all participants inside & placing the newspaper under their feet and holding it above their heads. Working together each team must use good teamwork and communication to walk from the start line to the finish line in the quickest time.

## **MOVE THE BUCKET**

Working as a team each member must hold an end of the rope to move a bucket full of water through various obstacles and challenges. The team with the most water left in the bucket wins.

## **MARSHMALLOW BUILDING**

Teams will have to build a tower as big as they can within 20 minutes, by using only marshmallows and toothpicks. The team that builds the tallest tower wins.

## **WATER BASED**

### **KAYAK RELAY**

Teams will paddle out across a distance of 20 meters in the bay. All members of the team must cooperate to assist their teammates when exchanging the kayaks and cheering them on. The winner will be the team completing the task first.

### **STAND UP PADDLE BOARD RELAY**

Teams will paddle out across a distance of 20 meters in the bay standing on the paddle board. All members of the team must cooperate to assist their teammates when exchanging the paddle boards and cheering them on. The winner will be the team completing the task first.







Le Meridien Mina Seyahi Beach Resort & Marina

P.O.Box 213084, Dubai, United Arab Emirates

Tel: +971 4 318 1420

Email : [01895.clubmina@marriott.com](mailto:01895.clubmina@marriott.com)

[www.limeridien-minaseyahi.com](http://www.limeridien-minaseyahi.com)